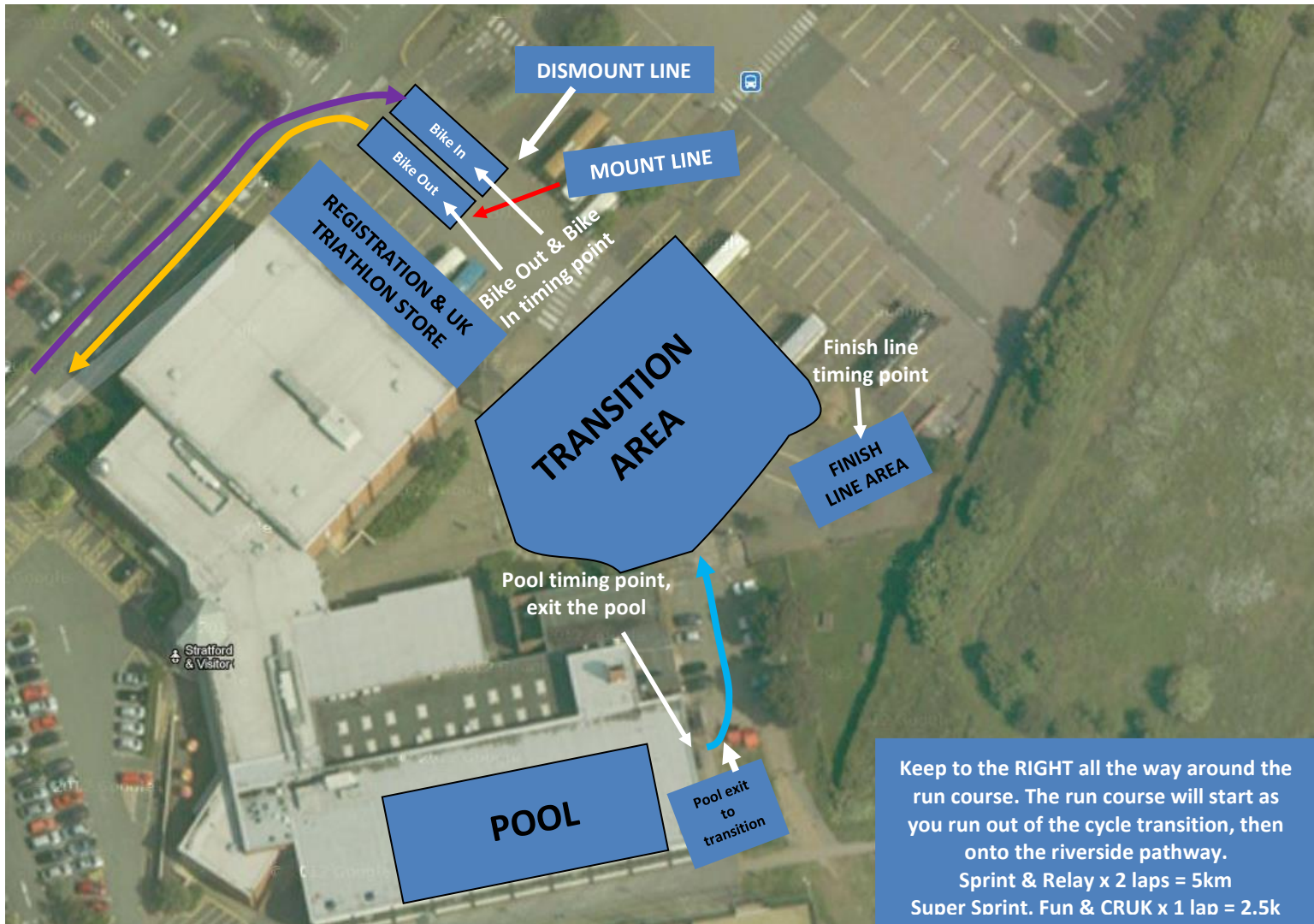


Stratford Triathlon Main Arena



Event Arena Information

- The pool is approximately 80m from the cycle transition area
 - The mount line & dismount line are approximately 50m from the exit of cycle transition
 - There is one drinks station on the run course, you pass it on your right as you start your run, and you pass it again (*Sprint & Relay competitors only*) after your first lap.
- | | | | |
|----------------------------------|--|---|------------------------------------|
| ➤ Swim course: | Sprint & Relay | = | 12 lengths, 4 lengths in each lane |
| ➤ Swim course: | Super Sprint, CRUK & Fun | = | 6 lengths, 2 lengths in each lane |
| ➤ Bike course: | One lap of the bike course for all competitors = 18k | | |
| ➤ Run course: | One lap of the run course = 2.5k | | |
| ➤ Sprint & Relay competitors | x 2 laps | = | 5k |
| ➤ Super Sprint & Fun competitors | x 1 lap | = | 2.5k |